

# Lay Counselor Training

with an emphasis on  
**BECOMING DISCIPLES &  
DISCIPLING OTHERS**

*Here's what previous students  
have to say...*

"This class is so much more than I thought it would be, honestly. It seems as if even the sequence of topics has been laid in place perfectly to allow us to really self-examine where we are before God. It has been an extremely spiritually-rewarding experience."

"This class is like having Bible study and therapy all at the same time. I've received a better understanding of myself, my children & my co-workers."

"The honesty of the staff is one of the real strengths. I've received good information to use in raising our kids."

"The strengths—the material content, the instructors' self-disclosures, the emphasis on God's role in counseling, the speakers, and the humor."

## *Lay Counselor Training*

*Application deadline: January 9, 2012*

**Course begins January 16, 2012**

Mondays from 7:00pm – 9:00pm  
through May 21, 2012  
Room W129-130

**To apply, or for more information,**

please call Sally Jenkins  
at 925.516.0653 x163

or check online at

[www.goldenhills.org/ministries/counseling](http://www.goldenhills.org/ministries/counseling)



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January 16, 2012 – May 21, 2012  
Golden Hills Community Church  
925.516.0653 x163

# God made us and God mends us

Are you interested in working in the church in a helping or leadership capacity?

- Is God currently using you in helping relationships?
- Is God calling you to work with hurting people?
- Has God called you to a ministry that involves dealing with people and their problems?
- Are your relationship skills rusty?
- Do you desire a deeper relationship with God?



## ABOUT LAY COUNSELOR TRAINING

### *The Program*

This class is a Biblically-based Lay Counselor training program. It is designed for those who work in different ministries throughout the church. It grapples with the challenge of bringing together psychology and theology in a way that is relevant to helping hurting people in our fallen world.

With this in mind, we have felt God's leading to offer a course with solid content for counseling and leadership training coupled with practical small group experience, making this course a dynamic balance between the head and the heart.

This course is designed to challenge you not only academically but spiritually, emotionally and relationally. Our goal throughout this program is for you to personally experience God's healing work in your life, thus equipping you for a deeper healing ministry of your own.

*LCT consists of two 9-week semesters:*

**1** The first semester will examine the spiritual foundations of Christian counseling. It will focus on a number of life issues such as marriage, grief, shame, and forgiveness.

**2** The second semester will focus more on the healing process and the communication skills necessary to facilitate this process.

### *The Issues*

Christianity and Counseling • Communication • Confrontation • Self-awareness • Boundaries • Blended Families • Acceptance • Grief • Shame • and many more...

### *The Students*

Previous class participants have included: Growth Group leaders, Youth workers, Prayer Ministers, Ushers, Greeters, Bible Study leaders, Children's workers, Missionaries, Pastors, Elders, Deacons, Disciplers, Mentors, those journeying through life's tough places and those desiring to develop their helping skills in order to minister better to others.

Application for attendance is open to all, including those of other churches.

### *The Instructors*

LCT is taught by Christian professionals who are currently active in the helping field:

**Bert Norcross**, Ph.D., is a licensed clinical psychologist currently serving as Director of GHCC counseling ministries.

**Denise Olson**, L.M.F.T., is a licensed Marriage and Family Therapist and is the Assistant Director of GHCC counseling ministries.

**Mary Norcross** has been a lay counselor since 1981 with Valley Christian Counseling and with Golden Hills Community Church and Cornerstone Fellowship.

Together they have been active in the Lay Counseling Movement for a number of years.

Additional, "almost as exciting" guest speakers will lecture on specific topics.

### *The Details*

This class meets each Monday evening, **January 16th-May 21st from 7pm to 9pm**, dividing the time between lecture and practical group work focusing on the topic presented that evening.

**The fees are \$35 per semester**, which includes syllabus, handouts, coffee & tea.